

Professional Assault Crisis Training (Pro-ACT)

All CSTC staff persons are given a 2 day Pro-ACT training with yearly updates provided in staff meetings. Pro-ACT is a “safety enhancement” model put forth for facilities which emphasizes verbal de-escalation, evasion techniques, safety planning, and intervention. CSTC staff are taught to use critical thinking about a situation and practice behavioral principles to maintain a safe environment for children and staff. Pro-ACT was invented with the goal of reducing or eliminating the need for physical restraint while providing staff with tools to help high risk situations remain under control. Pro-ACT emphasizes maintaining the safety and dignity of a dysregulated client while keeping all people safe. The Pro-ACT model has the same goal of CSTC, which is helping clients to learn alternative methods for meeting their needs and developing self control. To learn more about this approach, you may be interested in following the link to the website here: <http://www.parttraining.com/>